

# > APPENDIX 1: IRON THERAPY RESOURCES

## Iron deficiency anaemia guidelines/references:

Pasricha SR, Flecknoe-Brown SC, Allen KJ, Gibson PR, McMahon LP, Olynyk JK, et al. [Diagnosis and management of iron deficiency anaemia: a clinical update](#). MJA 2010;193:525–532. Available at: <http://www.mja.com.au>

Gastroenterological Society of Australia. [Clinical update: Iron deficiency, First Edition](#). Sydney, Australia, Digestive Health Foundation, 2008. Available at: <http://www.gesa.org.au>

Goddard AF, James MW, McIntyre AS, Scott BB on behalf of the British Society of Gastroenterology. [Guidelines for the management of iron deficiency anaemia](#). Gut 2011;60:1309–1316. Available at: <http://www.bsg.org.uk>

Pavord, S., Myers, B., Robinson, S., Allard, S., Strong, J., Oppenheimer, C. and on behalf of the British Committee for Standards in Haematology. UK guidelines on the management of iron deficiency in pregnancy. British Journal of Haematology 2012;156:588–600. Available at: <http://www.bcsghguidelines.com>

Minck S, Robinson K, Saxon B, Spigiel T, Thomson A. [Patient Blood Management the GP's guide](#). Australian Family Physician 2013;42:291–297. Available at: <http://www.racgp.org.au/afp>

## Iron deficiency anaemia education/information/tools:

BloodSafe eLearning Australia:

- [Iron deficiency anaemia algorithm app](#) (iPhone, iPad, Android)
- [Iron deficiency anaemia course](#)

Available at: <https://www.bloodsafelearning.org.au>

- Australian Red Cross Blood Service information about [Iron deficiency anaemia](#):

- [Treatment Options for Iron Deficiency Anaemia](#)
- [Major Reasons for Inadequate Response to Oral Iron Therapy](#)
- [Oral Iron Therapy Interactions and Management](#)
- [Oral Iron Therapy Side Effects and Management](#)
- [Spectrum of iron deficiency](#)

Available at: <http://www.transfusion.com.au>

## Intravenous iron references

Product information for intravenous iron preparations available in Australia:

- Ferric carboxymaltose: [Ferinject®](#)
- Iron polymaltose: [Ferrosig®](#) and [Ferrum H®](#)
- Iron sucrose: [Venofer®](#)

Available at: <http://www.ebs.tga.gov.au>

- Australian Injectable Drugs Handbook (AIDH)
  - [Ferric carboxymaltose](#)
  - [Iron polymaltose complex](#)
 Available at: <http://www.shpa.org.au/Publications/Australian-Injectable-Drugs-Handbook>  
 (note: AIDH requires subscription, however the above pages are accessible)
- [Guiding principles for the development of intravenous \(IV\) iron infusion practice](#) developed for Victorian health services
  - Additional resources from Victorian health services
    - [Ballarat Health 2010 Iron Polymaltose infusion policy](#)
    - [Iron carboxymaltose Administration guidelines 2012 : Peter MacCallum Cancer centre](#)
 Available at: [http://www.health.vic.gov.au/bloodmatters/management/guiding\\_principles\\_iron\\_infusion.htm](http://www.health.vic.gov.au/bloodmatters/management/guiding_principles_iron_infusion.htm)
- Fremantle Hospital and Health Service, Department of Pharmacy. Specialised Drug Guidelines regarding intravenous iron use:
  - [Iron carboxymaltose](#)
  - [Iron polymaltose](#)
  - [Iron sucrose](#)
 Available at: <http://www.health.wa.gov.au/bloodmanagement>
- SA Maternal & Neonatal Clinical Network. Policy. Clinical Guideline. [South Australian Perinatal Practice Guidelines – iron infusion](#).  
 Available at: <http://www.sahealth.sa.gov.au>
- National Prescribing Service (NPS). [Ferric carboxymaltose \(Ferinject\) for iron deficiency anaemia](#).  
 Available at: <http://www.nps.org.au>
- Gozzard D. [When is high-dose intravenous iron repletion needed? Assessing new treatment options](#). Drug Des Devel Ther. 2011;20:51-60. Available at: <http://www.pubmed.gov>
- Auerbach M, Ballard H. [Clinical use of intravenous iron: administration, efficacy, and safety](#). Hematology Am Soc Hematol Educ Program. 2010;2010:338-47. Available at: <http://www.pubmed.gov>

## Guiding Principles for the use of off-label medicines:

- Council of Australian Therapeutic Advisory Groups (CATAG). Guiding Principles for the quality use of off-label medicines. November 2013. Available at: <http://www.catag.org.au/wp-content/uploads/2012/08/OKA9963-CATAG-Rethinking-Medicines-Decision-Making-final.pdf>

## Healthcare professional resources

- Dieticians Association of Australia  
Available at: <http://daa.asn.au/>
- Patient Blood Management Guidelines
  - Module 2 Perioperative
  - Module 3 Medical
  - Module 5 Obstetrics and MaternityAvailable at: <http://www.blood.gov.au>
- BloodSafe [Oral iron therapy dosing chart](#)  
Available at: <http://www.bloodsafe.sa.gov.au>

## Resources for patients

- BloodSafe [Iron therapy brochures for patients](#) (oral)  
Available at: <http://www.bloodsafe.sa.gov.au>
- BloodSafe: [Intravenous \(IV\) iron infusions](#)  
Available at: <http://www.bloodsafe.sa.gov.au>
- Intravenous (IV) iron infusions: Fremantle Hospital and Health Service  
Available at: <http://docs.health.vic.gov.au/docs/doc/Intravenous-iron-infusions:-Fremantle-Hospital-and-Health-Service>
- Australian Red Cross Blood Service patient website: [iron deficiency anaemia for patients](#)  
Available at: <http://mytransfusion.com.au>