

## What is the ABDR?

The Australian Bleeding Disorders Registry (ABDR) is the system used by Haemophilia Centres around Australia for the clinical care of their patients.

The MyABDR app and web site link directly to the ABDR.

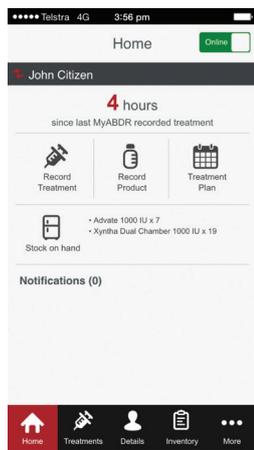
## What is MyABDR?

MyABDR is a secure app for smartphones and web site for people with bleeding disorders or parents/caregivers to record home treatments and bleeds.

It is an internet-based online system that gives you a quick, easy and reliable way to:

- » Record treatments and bleeds
- » Manage treatment product stock
- » Share the information with your Haemophilia Centre
- » Update your contact and personal details.

As an alternative, there is also a MyABDR paper-based treatment diary.



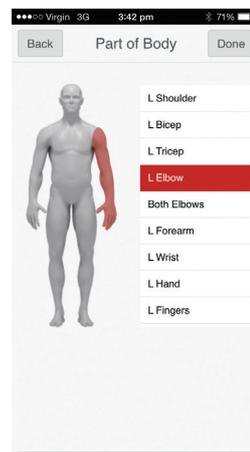
## Your choice

You do not have to use MyABDR to record your treatments. Talk to your Haemophilia Centre about options for recording that work best for you.

## MyABDR features

Features in MyABDR have been developed with the input of people with bleeding disorders:

- » Quick, simple steps to record treatments
- » Add bleed details to treatments
- » Body map to help identify bleed location
- » Areas for detailed notes
- » View treatment plan details
- » Reports of treatment and bleed histories on web site version
- » Easy to use inventory section to manage stock at home
- » Family logins to switch between multiple family members
- » Updatable height and weight, contact and delivery address details.



## Why use MyABDR?

*MyABDR makes life easier for you, your family and your Haemophilia Centre.*

- » It makes it quick and easy for you and your family to record treatments and bleeds, stocktake and update contact details
- » Your recorded treatment information will be at your fingertips - on your smartphone or your home computer.

- » It will make record-keeping more efficient - Haemophilia Centres won't need to re-enter or upload online patient diaries into the ABDR

*MyABDR helps you and your Haemophilia Centre to manage your care.*

- » Your Haemophilia Centre can keep track of what is happening for you or your family to see if there are any problems or if treatment plans need adjusting
- » Statistics from the system can help specialist clinicians, researchers and advocates like Haemophilia Foundation Australia to study trends and patterns and work to improve treatment and care.

*MyABDR works in with the national system to supply treatment product.*

- » You will be able to receive information about products or recalls
- » Statistics about the amount of product being used can help the government to stocktake and plan for purchase of future supplies

*MyABDR will be around long-term.*

- » MyABDR will be ongoing - it is part of the national ABDR system

## Privacy and Security

Security and protection of your privacy are priorities with MyABDR.

- » **Security** - you will need to login on your smartphone or computer with a personal password. Both MyABDR and the ABDR are protected with the highest level of security.
- » **Privacy** - information that could identify you will only be accessible in the ABDR by your Haemophilia Centre and specially selected National Blood Authority technical support staff authorised by the ABDR Steering Committee for the purposes of supporting and maintaining the ABDR.

MyABDR and the ABDR are overseen carefully by the ABDR Steering Committee. Its membership includes the Australian Haemophilia Centre Directors' Organisation, the National Blood Authority, Haemophilia Foundation Australia and a federal and state government representative. It deals with issues such as privacy, ethics, data accuracy and system development.

More details on how MyABDR works and the controls to protect your privacy and security are available on the MyABDR web site at [www.blood.gov.au/myabdr](http://www.blood.gov.au/myabdr).

### Important note

MyABDR is a personal recording tool. Always contact your Haemophilia Centre directly for advice on treatments and bleeds.

## How to access MyABDR

Download the app from Apple App store or Google Play or go to [www.blood.gov.au/myabdr](http://www.blood.gov.au/myabdr).

MyABDR can be accessed through an iPhone, android-based smartphone or through a standard internet connected computer using a login and a password.

## How to register

MyABDR registration can be done online at [www.blood.gov.au/myabdr](http://www.blood.gov.au/myabdr) or by creating an account when you open the MyABDR app. After you register your Haemophilia Centre staff will process your access to MyABDR.

## More information and support

W: [www.blood.gov.au/myabdr](http://www.blood.gov.au/myabdr)

### HELPDESK

T: 13 000 BLOOD (13 000 25663)

E: [myabdr@blood.gov.au](mailto:myabdr@blood.gov.au)

Or contact HFA at **1800 807 173**, email [hfaust@haemophilia.org.au](mailto:hfaust@haemophilia.org.au), [www.haemophilia.org.au/myabdr](http://www.haemophilia.org.au/myabdr)

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MyABDR is a collaboration between Haemophilia Foundation Australia (HFA), the Australian Haemophilia Centre Directors' Organisation (AHCDO) and the National Blood Authority (NBA) on behalf of all Australian governments.



A secure smartphone app and web site to record treatments and bleeds

- » **Quick**
- » **Easy**
- » **Reliable**
- » **Secure**
- » **Private**



Find out more at [www.blood.gov.au/myabdr](http://www.blood.gov.au/myabdr)